

This is who we are



1 a What can you remember about the vlog? Are the sentences about Alicia true (T) or false (F)?

- 1 Alicia is quite cheerful and she doesn't complain about much – her attitude to life is positive. ____
- 2 She is extremely ambitious and also very hard-working. ____
- 3 She's still not very sociable, although her friends say she is quite talkative. ____
- 4 She's quite easy-going and it takes a lot to upset her. ____
- 5 Although she's a vlogger, Alicia doesn't really enjoy talking about herself because she's very modest. ____
- 6 She tries to be generous and doesn't understand why some vloggers are selfish. ____

b **4.01** Watch or listen again and check.

2 Choose the correct alternative.

- 1 Be careful what you say to Cara. She **gets** / **lacks** upset easily.
- 2 My grandma is never satisfied. She **copers** / **tends** to complain about everything.
- 3 I know the exams were hard, but **get** / **look** on the bright side – they are finished now.
- 4 Doing exercise is a good way to **cope** / **tend** with stress.
- 5 Elana could be really successful, she just **lacks** / **looks** confidence in her ability.
- 6 Jamal is always so happy – he definitely **gets** / **has** a positive attitude to life.

3 Read the quotes about six people. Then match the names to the adjectives.

ambitious determined easy-going
generous modest selfish

- 1 'If Leah decides to do something, she'll do it – she never gives up.' _____
- 2 'Amira will always share what she has with her friends – she would do anything for anyone.' _____
- 3 'Nothing worries Tomas – he's pretty relaxed about everything.' _____
- 4 'Finley is totally focused on himself – and he never shares anything.' _____
- 5 'Amol has achieved a lot, but he never talks about his success.' _____
- 6 'Abe plans to go to university and then get a job in finance – he really wants to succeed.' _____

4 Three teachers are meeting to choose the captain of the school sports team. Complete the dialogues with the words and phrases below. In each case, there is one word or phrase you do not need.

Dialogue 1

copers with stress easy-going determined generous
has a positive attitude sociable talkative

- A OK, what about Megan? She's a good leader. She ¹ _____ to everything. And I've seen her play football – she's always ² _____ to win.
- B I agree. Nothing worries her and she ³ _____ very well – she's very ⁴ _____.
- A Yes, and she's ⁵ _____. She has lots of friends.
- C She's ⁶ _____ too – she never shuts up!

Dialogue 2

hard-working lacks confidence
look on the bright side modest shy sociable

- B Could I suggest Heidi? She's really good at sport and very ⁷ _____ – she's always studying or training.
- A I'm not sure. I think she ⁸ _____ in her abilities, and she's also quite ⁹ _____. The person we choose must enjoy talking to other people.
- C I disagree. I think Heidi is just ¹⁰ _____ – she doesn't want to discuss her achievements.
- B Also, let's be positive and try to ¹¹ _____ – Heidi isn't as talkative as Megan!

5 **REAL ENGLISH** Match the underlined phrases 1–5 in the message to phrases A–E that have the same meaning.

- A I can't thank you enough ____
- B not that I'm lazy or anything ____
- C spot on ____
- D you're in for a surprise ____
- E you've made my day ____

To everyone who watched my last video and shared it, ¹I'm very thankful. It got over 100,000 likes! ²You've made me very happy! And thanks for all your comments too – they were ³exactly right! Watch out for my next video – my best friends helped me to make it. ⁴I don't mind working hard, but sometimes it's good to share the work. There's a very special guest, so make sure you watch it. ⁵It's going to surprise you!

6 **VOCABULARY BOOSTER** Now practise **Personal description** vocabulary on page 107.

1 Choose the correct alternative. Then write the original words each person said.

- 1 Kenji said he **had** / **has** a positive attitude to life.

- 2 The doctor asked Tami if she **was coping** / **is coping** well with stress that week.

- 3 They said they **are** / **were** interviewing people there about their shopping habits.

- 4 Lauren told us she **hadn't** / **hasn't** always enjoyed going to that school.

- 5 Nasser said he **was** / **had been** nervous at his job interview the day before.

- 6 My uncle asked me if I **had** / **have** been to any concerts that year.

- 7 She said she **can't** / **couldn't** talk to us then because she **is** / **was** studying.

- 8 Shona said she **will** / **would** meet us both there at 6.30 p.m. the next day.

2  **4.02** Read and listen to the voicemail Ella left for her friend Bill. Then complete Bill's text message using reported speech.

'Well, I've just had my interview at Oxford University. I'm still here now, actually. I'm waiting for the train home. I was really nervous before the interview. I've applied to other universities, but this is the one I really want. The interviewers started with a few easy questions, like what books I've been reading recently. They also asked me about current affairs – I don't know much about politics, so I talked about climate change. I can't tell if I did well or not, but I really hope they'll give me a place!'

<  Group chat
  

Bill

Hi everyone. I had a message from Ella at about 5.00 p.m. She said she ¹_____ interview at Oxford University. She ²_____ still ³_____. She ⁴_____ for the train home. She said she ⁵_____ really nervous before the interview. She said she ⁶_____ to other universities, but ⁷_____ the one she really ⁸_____. She told me the interviewers ⁹_____ with a few easy questions, like what books she ¹⁰_____ recently. They ¹¹_____ about current affairs – she said she ¹²_____ much about politics so she ¹³_____ about climate change. She ¹⁴_____ if she ¹⁵_____ well or not, but she really ¹⁶_____ they ¹⁷_____ a place!

3 Rewrite what the people said using reported speech and the words in brackets.

- 1 'You need to look on the bright side.' (Mika / tell / Amy)

- 2 'We'll be thinking of you when you get on the plane tomorrow.' (Ashraf and Mia / say)

- 3 'You can have supper with us if you want.' (Nina's mum / say)

- 4 'I saw three people I know on the way to school yesterday.' (Liam / tell / us)

- 5 'You must start working harder if you want to pass your exams.' (my teacher / tell / me)

- 6 'We are going bowling now.' (Ben and Sarah / tell / me)

- 7 'Have you been studying this morning?' (they / ask / me)

- 8 'I've sent Dom several messages this morning and he hasn't replied.' (Katya / say)

4 Student representatives are finding out information about students coming to a university for an interview. Read the script of the dialogue, and then write a report. Start like this: *When I arrived at the university, a final-year student asked if I would answer a few questions ...*

- 1 Q Where are you from?
A I'm from South London.
- 2 Q How did you get here today?
A I came by train.
- 3 Q What subject are you planning to study?
A I'm hoping to study environmental science.
- 4 Q Have you been to any other universities?
A Yes, I've had interviews at a couple of others.
- 5 Q Can you describe yourself in three words?
A OK ... I think I am ambitious, determined and hard-working.
- 6 Q How will you feel if you get a place at this university?
A I'll be really happy – it's my first choice. I've always wanted to study here.
- 7 Q OK, and finally, are you planning to take a year off before you start university?
A I'm not sure yet, although I know I need to decide before next summer.

5 Think about a time when you did one of the things below, or use your own ideas. Think about who you talked to and what they said to you. Complete the sentences.

- met your friend's parents
 - took part in an interview
 - met someone famous
- 1 They asked me _____.
 - 2 I said / told them (that) _____.
 - 3 I asked them _____.
 - 4 They said / told me (that) _____.

- 1 What can you remember about personality tests from the Student's Book? Complete the sentences with the words below.

analyse divides make decisions
psychological result

- Speaker 1 thinks that personality tests can help people _____ in their lives.
 - Speaker 2 describes the Myers-Briggs test which _____ people into sixteen personality types.
 - Speaker 3 explains how, in the Rorschach test, people _____ pictures of irregular shapes.
 - According to Speaker 4, the Forer Effect is a _____ phenomenon where people believe whatever a personality test says about them.
 - Speaker 5 knows that the _____ of a personality test depends on many different things.
- 2 You are going to listen to two friends discussing an online talk about extroverts and introverts. Before you listen, do this quiz to find out your personality type.

Quiz

- I prefer spending time ...
A with other people. **B** by myself.
- After parties I often feel ...
A happy and full of energy. **B** tired and need to relax.
- I have ...
A lots of friends. **B** a few close friends.
- I prefer ...
A talking to listening. **B** listening to talking.
- I enjoy working or studying ...
A in a group. **B** by myself.
- I would describe myself as ...
A confident and sociable. **B** shy and quiet.

If you chose mostly As, you may be more of an extrovert.
If you chose mostly Bs, you may be more of an introvert.

- 3 **4.03** Listen to Part 1 of the dialogue. Which ideas from the quiz do they mention? Then answer the questions.

- What situations make an extrovert feel good?
- How do introverts feel on their own?
- Which personality type does society favour?
- What were the children encouraged to do at the summer camp when Susan Cain was a child?

STRATEGY Recognising exemplification

Pay attention to examples the speaker gives you while describing or explaining something. These examples will help you to understand what they're trying to say or can make their story more personal. Some typical phrases for giving examples are *for example, that is, such as, for instance, like, just to give you an idea of, imagine, to show you what I mean.*

- 4 Read the strategy above. Can you remember which phrase Katalin uses to introduce the story about Susan Cain?

- 5 **4.04** Listen to Part 2 and complete the sentences with the phrases for giving examples below.

for example for instance imagine like
such as to show you what I mean

- So, _____, a typical classroom is often organised with students sitting around a table.
 - Activities _____ brainstorming and group project work are examples of this.
 - Big companies often select people based on how they perform in groups, _____ in a problem-solving task.
 - _____ you're an introvert – in this situation, it's more natural for you to be quiet and listen.
 - It's important that companies give introverts the time they need to think, _____, some time alone to concentrate and come up with ideas.
 - Society needs a balance between introverts and extroverts. _____, think about Steve Wozniak, who invented the first Apple computer.
- 6 Complete the sentences about you. Give examples using phrases from Ex 5.
- I prefer to _____.
 - I feel more comfortable _____.
 - I don't really enjoy _____.
- 7 **4.05** Listen to the whole dialogue again and choose the correct option: A, B or C.
- According to Susan Cain, society ...
A treats introverts and extroverts the same way.
B doesn't benefit from the abilities of introverts.
C gives all the best jobs to extroverts.
 - Being an introvert means ...
A you are shy and avoid meeting people.
B you don't enjoy social situations.
C you need time alone after being with others.
 - At summer camp, the other kids complained when Cain ...
A wanted to read a book on her own.
B joined in with group activities.
C adapted her behaviour.
 - A typical school classroom encourages ...
A students to work together.
B better project work.
C students who prefer to work alone.
 - Large businesses often employ people who ...
A are quiet and enjoy listening.
B talk a lot in group situations.
C have the best skills for the job.
 - According to psychologists, introverts come up with new ideas when they are ...
A working in a group.
B listening to others.
C on their own.

- 8 Your teacher has asked you to research different personality types and present your findings to the rest of the class. In your project group, there are both introverts and extroverts. Write down four ways you could organise your group work to get the best results.

1 Replace the underlined phrases with the words and phrases below.

adopted brother-in-law close family
family get-together great-grandmother
on my dad's side parents-in-law

- Geeta doesn't like her husband's mum and dad – they tend to complain about her cooking! _____
- Every summer we have a big party with all our relations. _____
- My dad doesn't know who his real parents were – my grandparents brought him to live with them when he was a baby. _____
- I have 20 cousins who are related to my mum, but only two cousins related to my dad. _____
- My sister's husband, Gabriele, is Italian and he speaks amazing English. _____
- I was very close to my mother's grandmother – she lived until she was 97. _____
- They had a small wedding – with only their parents, siblings and grandparents. _____

2 Choose the correct alternative.

- Millennials are the **ancestors** / **generation** born between 1981 and 1996.
- My cousin Marcus raises money to help sick children – I really **look up to him** / **bring him up**.
- I have six older brothers and sisters – I'm the youngest of all my **generation** / **siblings**.
- Ollie's dad left home when he was two, so his mum **brought him up** / **is related to him** on her own.
- Siri wants to **follow in** / **take after** her sister's footsteps and be a dancer.
- The president's **ancestors** / **close family** came to the US from Ireland in the 19th century.
- Did you know Ed and Will **look up to** / **are related to** each other? They are cousins.
- Aziz **looks up to** / **takes after** his dad – their hair and eyes are the same colour.

3 Complete the short texts with the words and phrases below.

adopted ancestors brought him up
followed in his footsteps generations
get-togethers looked up to on my mum's side
related to siblings stepbrothers takes after

- My brother Chidi is quite a bit older than me. Actually, we're _____ – his mum married my dad. Family _____ are great fun because all the _____ get on well together – young and old!
- Will is _____ and he's interested in learning more about his real parents. The people who _____ will always be his family, but he's curious to know if he has any _____ or cousins somewhere.
- On this site you can look up information about your _____ and find out about who you could be _____. I've learned loads about my dad's family and now I'm going to research the people _____.

- My grandfather, Fred, was a policeman and a brilliant footballer, and my dad really _____ him. Later on, my dad _____ and joined the police too. In photos, they have the same friendly smile – my dad definitely _____ his dad.

4 Isla is interviewing her great-grandmother for a school project. Complete the dialogue with words and phrases from the previous exercises.



Isla Can you tell me something about previous ¹ _____ of our family? I'd like to know more about my ² _____.

Gran What do you want to know?

Isla Tell me about your ³ _____ when you were growing up. How many ⁴ _____ did you have?

Gran I had two sisters. My father died when we were little, and my mum ⁵ _____ on her own. Later, she married again, and I had two ⁶ _____, George and Michael.

Isla And did you get on with them?

Gran Yes, especially George. He was so clever and very ambitious. I really ⁷ _____ him. In fact, I became a teacher ... like him!

Isla So did you ⁸ _____?

Gran Yes, definitely!

Isla Do you remember your real dad?

Gran No, but my mother said I ⁹ _____ him – he had a very positive attitude to life, and so do I.

Isla What about your best memories?

Gran Oh, we used to have these big ¹⁰ _____. People would bring food and there would be lots of singing and dancing. I used to think I was lucky to be ¹¹ _____ so many nice people.

5 **4.06 PRONUNCIATION** Decide if the underlined sounds in sentences 1–7 are pronounced as /ɔ:/ or /əʊ/. Then listen and check.

- I bought a new coat.
- Maria caught a cold.
- Our hall ceiling is low.
- You chose to live on a boat.
- I saw a beautiful china bowl.
- Call me if you want to go for a walk.

6 Write a sentence to answer each question.

- How many generations of your family do you know?
- Which person in your family do you look up to?
- Whose footsteps would you most like to follow in?
- Which town, city or region do your ancestors come from?
- How many siblings do you have?
- Which of your parents do you take after?

7 **VOCABULARY BOOSTER** Now practise **Types of relatives** vocabulary on page 107.

1 Match the sentence halves.

- My friends and I agreed ____
 - Priyanka's dad warned ____
 - My brother admitted ____
 - Alice's grandfather advised ____
 - Erin's aunt tried to help her, but Erin refused ____
 - When they lost the game, Jake's teammates blamed ____
 - Mia arrived late for dinner and apologised ____
 - Liam's parents insisted ____
- A him for playing badly.
 B her to study the subjects she finds most interesting.
 C that he should wear a suit to his cousin's wedding.
 D to meet at the sports centre after school.
 E for making everybody wait.
 F her against posting photos of herself online.
 G to listen to her advice.
 H breaking my phone screen and apologised.

2 Choose the correct alternative.



- Tom's friends suggested **going / to go** bowling to celebrate his birthday.
- Ashu's party was so noisy that her neighbours threatened **calling / to call** the police.
- Nikki lost her purse and Kiara insisted **on lending / to lend** her some money.
- Molly's teacher congratulated **on winning / her on winning** a school prize.
- When my cousins got festival tickets, they invited **me to go / that I go** with them.
- My sister promised **not to tell / not for to tell** anyone that I had failed my exam.
- When my bike was stolen, the police recommended **me to post / that I should post** pictures of it on social media.
- My dad wanted to leave school at sixteen, but his parents persuaded **him to stay / that he should stay**.

3 Complete the reported speech sentences with the verbs below.

accuse advise confess deny encourage
offer persuade propose remind warn

- 'You borrowed my jacket!'
Lori _____ her sister _____ her jacket.
- 'You should study engineering at university.'
Emily's teacher _____ her _____ engineering at university.
- 'I didn't cheat in the exam.'
Leon _____ in the exam.
- 'I'll help you to tidy the garden if you like.'
Eliza _____ her grandmother to tidy the garden.
- 'I'm afraid it was me who damaged your car.'
Badrey _____ the car.
- 'Don't forget to take your sports kit to school.'
Timo's mum _____ him _____ his sports kit to school.
- 'Don't give up your studies.'
My uncle _____ me _____ my studies.
- 'We should have a family get-together to celebrate your graduation.'
Mirza's dad _____ a family get-together to celebrate her graduation.
- 'I really need you to buy me some new trainers.'
Ian _____ his mum _____ him some new trainers.
- 'It isn't safe for you to walk home alone.'
Leah's friends _____ home alone.

4 Complete the text with the correct form of the verbs in brackets.

I had a big argument with my stepsister, Carrie, last week. She accused ¹ _____ (me / borrow) her laptop and using it without asking her. She blamed ² _____ (me / delete) a music video she had made for a school project and demanded ³ _____ (I / apologise). I don't get upset easily, and of course I denied ⁴ _____ (touch) her laptop. She refused ⁵ _____ (believe) me and insisted on ⁶ _____ (make) these false accusations. Then she threatened ⁷ _____ (tell) our parents that I was bullying her. Finally, her cousin Jamie confessed ⁸ _____ (take) the laptop, but said he had deleted the video by accident. He admitted ⁹ _____ (be) curious about Carrie's music, and apologised ¹⁰ _____ (upset) both of us. I forgave Carrie, but I warned ¹¹ _____ (her / not speak) to me like that again. I was angry with Jamie too, and I advised ¹² _____ (him / think) carefully before he acts in future.

5 Complete the questions with the correct form of *do*. Then write answers that are true for you using the verbs in **bold**.

- Have you ever **agreed** or **offered** _____ (do) something and then regretted _____ (do) it?

- Has anyone ever **encouraged** or **persuaded** you _____ (do) something you didn't want to do?

- Have you ever **admitted** or **denied** _____ (do) something you didn't do?

- Has anyone ever **accused** you _____ (do) or **blamed** you _____ (do) something you didn't do?

- 1 What can you remember about the magazine article in the Student's Book? Complete the summary with the words below.

adjusted approached mental illness
observed shepherd trapped

When Marcos Rodríguez Pantoja was seven, the old
1 _____ he worked with in the mountains
disappeared one day. Rodríguez said later that he
2 _____ the animals and birds to learn which foods
were safe to eat. After twelve years, he was found by police
officers, but it was a long time before he 3 _____ to
living in society again. Later, Rodríguez was 4 _____
by scientists who asked him many questions about his
experience. Rodríguez claimed that he had made friends
with the animals, who looked after him. This wasn't a sign
of 5 _____, but a way for him to cope with being
6 _____ in the mountains alone for so long.

- 2 Look at the photo and the title of the article. Think about the questions.

- 1 Do you know anyone who is a twin?
- 2 In what ways is having a twin different from having an 'ordinary' sister or brother?
- 3 How might twins feel if they were separated?

- 3  4.07 Read the article quickly and choose the best summary. The article is about ...

- 1 a woman who always believed she had a twin sister and set out to find her.
- 2 a woman who learned through social media that she had a twin sister.
- 3 two women who each took a DNA test and then discovered they had a twin sister.

STRATEGY Understanding the order of events in a text

When reading a text which describes past events, it's important to realise that events in the text might not be presented in chronological order. To understand which event happened first, pay attention to linking phrases (*before, after, while, as soon as*, etc.), time references and dates.

- 4 Read the strategy above. Then number the events in the order they happened.

Anaïs ...
met Sam in London. ____
learned she and Sam were born on the same day. ____
started to study fashion in London. ____
has been in regular contact with Sam. ____
chatted with Sam on video. ____
watched a video on YouTube. ____
and Sam starred in a film about their life. ____
and Sam got the DNA test results. ____
was born in South Korea. ____
and Sam decided to meet in London. ____
and Sam took a DNA test. ____

- 5 Identify the words and phrases in the text that helped you to do Ex 4.

- 6 Think about the questions.

- 1 Do you think Anaïs did the right thing when she contacted Sam?
- 2 Why do you think Anaïs was nervous before the meeting in London?

Twins who met after 25 years apart

As soon as Anaïs walked into the room and saw Sam for the first time in 25 years, she knew they were sisters. Later the same day, their DNA test results confirmed that they were identical twins. And in 2015, this incredible story of the twins who were separated at birth was made into a film documentary.

But how did it all start? Anaïs Bordier was born in Busan, South Korea, on 19 November 1987. She was adopted by French parents and was brought up in France. Anaïs knew she looked different, but had a very happy childhood.

In 2012, Anaïs moved to London to study fashion. One day, a friend showed her a video of a girl on YouTube who looked exactly like her! She looked for the girl's name, but it wasn't there. She watched the video several times, but didn't know how to contact her.

A month later, her friend told her that she had seen a film trailer and had also found out that the girl's name was Sam. Anaïs searched for more information about her online. When she read it, she was amazed. Sam was also born in Busan, on the same day as Anaïs!

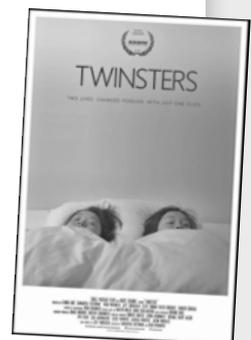
Anaïs contacted Sam through social media and introduced herself. Then they had their first video chat and realized that they were so similar – they

even laughed the same way. After that, they decided to meet in person in London.

When Sam started making a documentary about them, Dr Nancy Segal, a specialist in twin studies at California State University, contacted them. She offered them a DNA test to prove they were related. Before they met up, they took the test together on Skype.

Since they met up for the first time in London, the two sisters have been texting every day. They share so many things in

common from both hating cooked carrots to styling their hair in the same way. And they both want to learn Korean!



1 Match a verb from A and a word or phrase from B to make tips on how to make a good first impression.

A be (x2) check dress listen look make
put smile watch

B actively confident eye contact in the right way
on time politely at people positive
your body language your language your phone away

2 **4.08** Listen to a careers adviser talking about some of the tips in Ex 1. Which ones does she mention?

3 **4.08** Listen again. According to the speaker, what shows someone that ...

- 1 you are listening to them?
- 2 you are interested in them?
- 3 you are happy to meet them?
- 4 you are over-confident?
- 5 you are paying attention?

4 Read the comments from five students about making a good impression in a job interview. Match the comments to the tips in Ex 1.

≡ **Forum**

Comments (5)

Mila You want to come across as someone who looks on the bright side. Smile, and look at people when they're talking. Talk about your successes, not your failures. And never, ever say anything negative about your current job or your colleagues.

Josh It's important to avoid using slang phrases, or big words just to impress the interviewers. If you're nervous, make sure you don't speak too quickly, or too loudly. Just speak clearly, and say what you mean as simply as possible.

Sofia Before you say anything, people will have started to judge you by how you look. Your clothes don't need to be expensive, but they should be smart, clean and tidy. That shows the interviewers you have a professional attitude.

Rory I arrived a few minutes late for my first interview. It wasn't my fault, but I knew I had to perform really well to make up for it. The problem was, I think they'd already decided I was unreliable. I didn't get the job. I won't make that mistake again.

Pria It should be in your bag or in your pocket. Just holding it in your hand suggests that you aren't paying attention to the interviewer. And if it vibrates or rings during the interview, this makes you look bad. So switch it off too.

5 Read the tips in Ex 4 again. Decide if you agree with them. Are there any you disagree with?

6 **4.09** Listen to three friends discussing two possible new singers for their band. For each singer, note down their good points and their bad points. Use words and phrases from Ex 1.

	Good	Bad
Layla	body language	
Stefan		

7 **4.09** Listen again and choose the correct answer: A or B.

- 1 The two candidates are both good singers, so what's important is whether they ...
 - A fit in with the band.
 - B dress in the right way.
 - 2 Layla's body language indicated that she was ...
 - A lacking in confidence.
 - B relaxed and confident.
 - 3 Oli says Layla seems kind because ...
 - A she was positive about people she knew.
 - B she paid attention and asked questions.
 - 4 The fact that Layla was late for her interview ...
 - A was a big problem for everyone.
 - B wasn't a serious problem.
 - 5 Lucia thought Stefan seemed too confident because ...
 - A he asked lots of questions about the band.
 - B he was more interested in talking about himself.
 - 6 Ezra thought Stefan's body language was negative because ...
 - A he hardly ever smiled or made eye contact.
 - B he kept looking at his phone.
- 8 **MEDIATION** A friend has contacted you to say they are going to a big event with their parents. They will meet a lot of their parents' friends and colleagues, so they want to make a good impression. Choose the three things you think are most important for your friend to remember and write a brief summary of them.

1 **4.10** Read and listen to two dialogues. Ignore the gaps. For each dialogue, note down ...

- 1 the topic that Jamie / Mila introduces.
- 2 the topic that Noah / Elise changes to.
- 3 when Jamie / Mila continues the first topic.
- 4 the topic that Jamie / Mila changes to.

Dialogue 1

Jamie 1 _____? Aidan's left home!

Noah What? No way!

Jamie It's true. He told me his mum had accused him of stealing money. He denied it but his stepfather threatened to kick him out. So he's staying at Ben's.

Noah Poor Aidan! 2 _____, it's Laura's birthday party on Friday. I know Ben's going. What about you?

Jamie Yes, I think so. 3 _____, Aidan had to leave home. He admitted that he wants to go back ...

Noah What did you say?

Jamie I persuaded him to call his mum and explain how he feels. I'll talk to him again at school. 4 _____ school, I should go or I'll be late.

Dialogue 2

Mila Hey, Elise. 5 _____ I'm doing this Saturday.

Elise Surprise me!

Mila One of my teachers recommended going to a **recruitment** day. I asked my parents what they thought and they encouraged me to go.

Elise That's great, Mila! 6 _____, did you get Ms Lewis's message about the class meeting? It starts at 4.00 p.m. this week and she reminded everyone to be on time.

Mila Right, thanks for telling me. So ... 7 _____ Mr Walker advised me to dress smartly and not to wear my old jeans ...

Elise And warned you not to talk too much, I expect!

Mila Ha ha! Anyway, 8 _____, can I borrow your leather briefcase? I want to make a good impression.

recruitment (n) the process of finding new employees for a business

2 **4.10** Complete the dialogues with the phrases below. Then listen again and check.

anyway, as I was saying back to what I was saying
before I forget guess what oh, by the way
speaking of that reminds me you'll never believe what

3 Put the phrases from Ex 2 into the correct category. Then add as many words and phrases as you can to each category.

Starting a new topic	Changing the topic	Continuing the topic

4 Match the phrases below to the correct category in Ex 3.

Funny you should mention that ... Have you heard ... ?
I nearly forgot to tell you ... In any case, ...
Listen to this! Now that you mention it, ... Where was I?

5 Complete the dialogues with phrases from Ex 1–4. More than one answer may be possible.

A

Mo 1 _____ Marc said his dad has a new job – so they're moving.

Ava That's a shame. 2 _____ new jobs, someone told me you were working in the supermarket. Is that right?

Mo Yes, just at weekends. 3 _____, Marc's unhappy because he has to change schools.

B

Lia 4 _____ what happened at Mika's party? She invited me, but I couldn't go.

Ed Me neither – I was playing football. 5 _____, we have a big game on Saturday. Are you playing?

Lia Yes, of course. 6 _____, some friends of Mika's who are in a band – they turned up and played all night. Apparently they were amazing!

C

Naz 7 _____ I've got a place at university next year.

Lee That's great. 8 _____ – I've got a job interview next week. Do you have any advice?

Naz Yes, be on time and be positive. 9 _____, I'm going to study biology.

STRATEGY Using reported speech

When you're saying what someone else told you, remember to use reported speech. Try to use a variety of reporting verbs like *explained*, *denied*, *admitted*, etc.

6 Read the strategy above. Underline all the verbs for reporting speech in the dialogues in Ex 1.

7 You are going to write a script of a similar dialogue. Choose one of the topics below or use your own ideas.

- what happened at a music festival last weekend
- something a friend did that made you angry / happy
- a surprising hobby someone you know has taken up

8 Plan your work.

1 Decide which useful phrases you will use. Try to use at least two phrases for each function.

2 Include a variety of reporting verbs.

3 Use the structure below.

Speaker 1: Introduce a new topic.

Speaker 2: Respond, then change topic.

Speaker 1: Respond, then continue the original topic.

Speaker 2: Respond and introduce a new topic.

Speaker 1: Respond, then change topic.

Speaker 2: Respond, then continue the original topic.

9 Write your script. When you have finished, check that you have ...

- used a variety of phrases to start, change and continue a topic.
- included a variety of reporting verbs.

1 Think about a family member or friend that you look up to. Why do you enjoy spending time with them? Think of three adjectives to describe ...

- their appearance.
- their personality.

2 Read Omar's description of her grandad and complete the paragraph plan with the information below.

- 1 what they are like as a person
- 2 who the person is and the writer's relationship to them
- 3 why the writer enjoys spending time with them
- 4 what they looked like in the past
- 5 what they look like now

Paragraph A:

Paragraph B:

Paragraph C:

Paragraph D:

Paragraph E:

A Recently, my mum showed me a photo of my grandad as a young man. He's 80 years old now and is well known in our town, as he used to be the mayor. I'm very close to my grandad, and he has always been a really important person in my life.



B From the photo, you can see that when he was young, he was extremely handsome. He's looking straight at the camera, and he has short dark hair and bright blue eyes. He's standing up straight so he looks fairly tall. He's wearing a suit and tie, and he looks incredibly stylish.

C Now his hair is grey, but his eyes are still very blue. He cares about how he looks, so he's always well dressed. He was sporty when he was younger and he's still quite slim because he walks every day to keep fit.

D My grandad's someone I look up to as a role model. He's one of the most easy-going and relaxed people I know. He's rather modest and doesn't like talking about himself, but he's extremely sociable and generous with his time. He has a very positive attitude to life, and as far as I can tell, he's completely happy.

E What do I like most about spending time with him? Maybe it's the fact that I can talk to him about anything and he always listens. As a grandad, he's absolutely perfect. It's totally impossible to imagine my life without him!



3 Find as many adjectives as you can in the text that describe Amy's grandad's ...

- 1 general appearance.
- 2 height and build.
- 3 hair and face.
- 4 personality.

4 Complete the description with the adjectives below.

attractive competitive curly green hard-working
modest red sporty stylish tall well dressed

My aunt Roisin is my mum's younger sister. She's quite 1 _____, about 1.9 m. She's very 2 _____: she plays hockey and volleyball and is extremely 3 _____ (she hates losing)! She's very 4 _____ so gets quite embarrassed when people tell her that she's beautiful – though she is really 5 _____. She has long 6 _____ hair that's quite 7 _____ and amazing 8 _____ eyes. She's a doctor and I look up to her because she's so 9 _____ and determined to help other people. When she isn't at work or playing sport, she's always 10 _____ – she likes to look 11 _____ and has some absolutely gorgeous clothes.

STRATEGY Using modifying adverbs

To make your writing more interesting, use adverbs to modify and strengthen the meaning of the adjectives.

Here are some common modifying adverbs:

*absolutely completely extremely fairly
incredibly quite rather really totally very*

5 Read the strategy above. Look at the adverbs in **bold** in the text. Do the adverbs in sentences 1–8 below modify (M) or strengthen (S) the adjective?

- 1 My brother isn't fat, but he's rather overweight. ____
- 2 Anya's hair isn't at all wavy – it's completely straight. ____
- 3 You are **incredibly** late! We've missed the whole movie! ____
- 4 I can't work out this puzzle – it's **totally** impossible. ____
- 5 Lisa is 29, which is **fairly** young to be a professor. ____
- 6 Hari's **extremely** ambitious – he's determined to go to the best university. ____
- 7 Javier's quite shy, though he's talkative with close friends. ____
- 8 That necklace is **absolutely** gorgeous – it must have cost a lot of money. ____
- 9 Simran is an excellent basketball player. He's **really** tall – about 1.95m. ____

6 You are going to write a description of someone in your family or a person you enjoy being with. Use your ideas from Ex 1, or think of a different person.

7 Plan your work. Use the paragraph structure in Ex 2. Think about ...

- what information you will include in each paragraph.
- which adjectives and modifying adverbs you will use.

8 Write your description.

9 **CHECK YOUR WORK** Did you ...

- say who they are and why you enjoy being with them?
- describe their appearance and personality?
- include modifying adverbs?
- check your spelling, grammar and punctuation?

Grammar

1 Write the second sentence in reported speech using the words in brackets.

- 'I've been to the gym every day this week.'
(Tamsin / tell / me)

- 'Will you be visiting your grandparents this weekend?'
(Ebba / ask)

- 'You're going to start learning Chinese next term.'
(our teacher / tell / us)

- 'How have you been feeling these last few days?'
(the doctor / ask / me)

- 'Can you tell me where you've been this afternoon?'
(my dad / ask / me)

- 'I think you should try to have a more positive attitude.'
(Anya / tell / Pavel)

2 Complete the sentences with the correct form of the verbs in brackets. Add any other necessary words.

- Ashok offered _____ (collect) my prescription.
- Our teacher demanded _____ (we / turn off) our phones.
- Bako denied _____ (try) to cheat in the exam.
- Why did you accuse _____ (me / lose) your sweater?
- The company admitted _____ (make) a mistake and apologised _____ (take) my payment twice.

Vocabulary

3 Choose the correct answer: A, B or C.

- Renata has done a lot in her life, but she rarely talks about her achievements – she's very _____.
A ambitious B modest C determined
- Katya is great at sport, but she lacks _____ in her abilities.
A a positive attitude B the bright side C confidence
- My uncle David is one of the most _____ people I know – he would do anything for anyone.
A generous B selfish C talkative
- I always do what I decide to do – I'm very _____.
A shy B modest C determined
- Lena isn't _____ – she doesn't enjoy parties.
A easy-going B sociable C shy
- Marco always has something to say – he is extremely _____.
A modest B shy C talkative
- My grandmother doesn't often get stressed – she's fairly _____.
A sociable B easy-going C hard-working

- Amelie wants to succeed at everything she does – she's extremely _____.
A sociable B modest C ambitious
- Don doesn't care about others – he's incredibly _____.
A selfish B kind C shy

4 Complete the sentences with the words and phrases below.

adopted ancestors close family footsteps
great-grandfather siblings

- I have three _____ – two sisters and a brother.
- My dad's grandfather, my _____, died last year.
- Zoe's brother is a doctor – she plans to follow in his _____.
- They wanted a quiet wedding, so they only invited _____.
- Alberto has always known he was _____, but he didn't meet his real mother until he was eighteen.

Cumulative review

5 Complete the text with one word in each gap.

My parents moved to the UK from India when I was a baby. I really ¹ _____ up to my parents – they have such a ² _____ attitude to life. They have four children and a family business, which has been very successful because they are both so ³ _____. When I was ⁴ _____ young, my parents ⁵ _____ me I had been born in India. As I got older, they encouraged me to ⁶ _____ questions about India and their families. After I left school, my dad suggested that I ⁷ _____ visit India. I was really interested to see where my ⁸ _____ came from, and I decided to go. Last summer, I visited the village in India where my mum was ⁹ _____ up. There were three ¹⁰ _____ of my family still living there, and they insisted ¹¹ _____ organising a big get-together for me. I'm not at all ¹² _____, so it was easy to talk to them, although they didn't all speak English. I even met my mum's mother. It's obvious that my mum takes ¹³ _____ her – they look really similar. It has been amazing to find all these people I'm ¹⁴ _____ to. They were so ¹⁵ _____ with their hospitality and made me feel very welcome.

REFLECT Think about the following questions.

- Which lesson in this unit did you enjoy the most? Why?
- Which of the grammar points did you find most difficult?
- How can you practice using reported verbs in your speech?
- What things did you find most difficult when you wrote your description of a family member?

Listening

EXAM STRATEGY

When you do a multiple-choice listening task, use the first time you listen to decide if any options are definitely wrong. Then use the second listening to focus on the remaining options.

- 1 **4.11** Read the strategy above. Then look at the first question in the exam task in Ex 2. Listen to the first dialogue once and decide which option is incorrect.
- 2 **4.11** For each question, listen and choose the correct answer: A, B or C.

1 What did the girl have in the café?

- A B C



2 What is the woman going to tell the audience about?

- A B C



3 How did the boy injure his leg?

- A B C



4 What is the girl going to do at the weekend?

- A B C



5 When are the friends going to the cinema?

- A B C



Use of English

EXAM STRATEGY

When you do a cloze task, read each sentence carefully and decide what sort of word is missing: a noun, pronoun, verb, article, preposition, etc. Then think carefully about the exact form of the word, for example, is the meaning positive or negative? Is it singular or plural? What verb tense is needed?

- 3 Read the strategy above and decide what sort of word is missing from each gap in the task in Ex 4. When you finish the task, check your answers by thinking about the exact form of the word.
- 4 Read the text below and think of the word which best fits each gap 1–10. Use only one word in each gap.

Did you know that one of ¹_____ most common reasons why people visit their doctor is back pain? Many of us will suffer from it at some point in ²_____ lives – whether it's a mild ache or a sharp pain. Sitting at a desk ³_____ several hours each day is one of the main causes of back problems. That's ⁴_____ it's important to have a good quality chair ⁵_____ supports your lower back and makes you sit up straight. Spending too much time looking at your phone with your head down isn't good, either! Regular physical activity is the best way ⁶_____ keep your back strong. A healthy diet is important too, as extra weight, particularly around the stomach, can lead to back problems. A healthy diet can also help to keep your bones strong – foods like fish, eggs, milk, cheese and green vegetables are all good for this. You may ⁷_____ realise it, but anxiety can have a negative effect on your back, so try to reduce it ⁸_____ doing yoga, meditation or breathing exercises. A good night's sleep is a great way of reducing anxiety too, but think about the position you sleep in. Sleeping on your side ⁹_____ probably best, but if you sleep on your back, try putting something soft under your legs to raise ¹⁰_____ slightly. Sleeping on your front can be especially bad for your back – again, putting something soft under your stomach to support your back can help.

Reading

EXAM STRATEGY

In a reading task with short texts, think about their context, purpose and audience.

- 5 Read the strategy above, then look at the texts in the exam task in Ex 6. Decide where you might see each one, why it was written and who it is for.

6 Read the texts below. For each question, choose the correct answer.

Are you looking for a way to reduce stress? Do you want to sleep better at night? Do you feel that you don't have enough energy to get through the day? You don't always need to go to a doctor or chemist to find the answers. Why not try our online store first? We offer a range of natural treatments, from high-quality vitamins to healthy food and drinks. We can also give advice about how to keep your heart, teeth and skin in the best condition. It's easy to chat online to one of our experts. Our business has over ten years of experience in natural health, so you can be confident that we'll give you the best advice.

- 1 According to the advert, this store ...
- A was started by a health worker.
 - B was one of the first online health companies.
 - C sells a variety of goods.
 - D is a relaxing place to shop.

★★★★★

Hotel Sunshine

My most recent trip took me to the beautiful country of Italy, where I stayed at the Hotel Sunshine. (Unfortunately, there were very few sunny days while I was there!) However, the hotel itself was as good as I'd hoped it would be, and in many ways it was better. My room had a breathtaking view of the coast (in good weather, the scenery must be even more gorgeous). That was definitely what made the biggest impression on me. The hotel had a lovely garden for guests to enjoy as well. I also liked the idea that they could arrange tours of the local area, including boat trips, although I didn't actually go on one.

- 2 What did the reviewer like most about his visit to Italy?
- A The fact that the weather matched the hotel's name.
 - B The trip that the hotel organised for him.
 - C The time he spent in the garden with other people.
 - D The view he could see from his hotel room.

Hi Lucia, I think I told you last week that my stepbrother is coming to stay next weekend. Well, he's just told me he'll be here earlier than expected. I promised to pick him up from the bus station, so I won't be able to meet you for lunch on Saturday. I've suggested going to the cinema in the evening, though. Would you like to come? Fer

- 3 What is the purpose of Fer's text to Lucia?
- A to cancel an event
 - B to change an arrangement they'd made
 - C to invite her to the cinema
 - D to remind her that her stepbrother is visiting

← →

📁 🔗 📌 🗑️

Hi, my name's Ben. I was born in Scotland, but I've lived in London for five years. I'm working in a clothes shop at the moment, but I want to train to be a teacher next year – I really like working with children. This summer, I'm going travelling all over Europe. I love being outside and I'm really interested in the environment. I'm a member of a hiking group and we visit some amazing places. I hope I can come and visit you. I'm sure you can tell me about all the best destinations to visit in your country! I'd describe my personality as easy-going but ambitious. I tend to have a positive attitude and try to look on the bright side.

- 4 Ben has written this message to ...
- A explain why he likes travelling.
 - B introduce himself to someone.
 - C make a recommendation to someone.
 - D apply for a job as a teacher.

Speaking

EXAM STRATEGY

In a role-play task, make sure that you and your partner cover all the points that you are asked to discuss.

- 7 Read the strategy above. Then look at the exam task in Ex 8. Think of the benefits for mental and physical health for each point before you start your discussion.
- 8 Work in pairs. You are going to talk together about the ideas below. Imagine the following situation. You want to do something to improve your mental and physical health. Talk to your English-speaking friend about the benefits of each of the ideas below.
- joining a gym
 - doing a 'healthy diet' cookery class
 - going running with friends

Writing

EXAM STRATEGY

When you write an article, you often need to use more than one tense. Read the task carefully to identify which tenses you need to use.

- 9 Read the strategy above and the task in Ex 10. Which tenses do you need to use in your article?
- 10 You see this advert in an English-language magazine.

We are looking for articles about a famous person you admire. Tell us about someone important to you. Describe his or her personality. What have they done to become famous? Why do you admire this person?

We'll publish the best articles next month.

Write your article.