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|--|---|--|
| <b>Welcome</b>   | Welcome A p4<br>Grammar <i>be</i><br>Vocabulary Insight Countries and nationalities; The alphabet<br>🎧 Listening Spelling words; Where are you from?  | Welcome B p6<br>Grammar Possessive adjectives; <i>this, that, these, those</i><br>Vocabulary Insight Family; Plural nouns<br>🎧 Listening Max's family  |
| <b>Vocabulary extra Welcome p132</b> Countries and nationalities; Colours; The time          |   |  |
| <b>Unit</b>  | <b>A Reading and vocabulary</b>   | <b>B Grammar and reading / listening</b>   |
| <b>1</b><br>My life p12  | Reading Winter in Antarctica<br>Strategy Guessing the meaning of words<br>Vocabulary Insight Daily routines<br>Vocabulary Insight Prepositions of time  | Grammar Present simple: affirmative<br>Grammar Present simple: negative<br>Reading What a wonderful morning!<br>🎧 Listening Jake's hobby   |
| <b>Review 1 p21</b> Vocabulary extra 1 p134 Classroom items; Classroom language              |   |  |
| <b>2</b><br>Time out p24   | Reading Feel the flow!<br>Strategy Skim-reading for the main ideas<br>Vocabulary Insight Free-time activities; Likes and dislikes<br>Strategy Recording antonyms  | Grammar Adverbs of frequency<br>Reading Spotlight on ... wheelchair rugby<br>🎧 Listening Healthy lifestyle survey  |
| <b>Review 2 p33</b> Vocabulary extra 2 p135 Sports; Sports collocations: <i>play, go, do</i> |   |  |
| <b>3</b><br>No place like home p36   | Reading Container homes – from the simple to the sophisticated<br>Vocabulary Insight Inside and outside the home<br>Vocabulary Insight Prepositions of place<br>Strategy Recording vocabulary with pictures | Grammar <i>there is / there are</i> with <i>some / any</i><br>Reading The Jet Star or the Pac-Man Dome?<br>🎧 Listening Sam's holiday   |
| <b>Review 3 p45</b> Vocabulary extra 3 p136 In the home; Around town                         |   |  |
| <b>4</b><br>It's a wild world p48  | Reading Thanks for your help!<br>Vocabulary Insight The natural world<br>Vocabulary Insight Animal verbs<br>Strategy Recording words in context   | Grammar Present continuous<br>Reading Watching animals<br>🎧 Listening Where is Raj?  |
| <b>Review 4 p57</b> Vocabulary extra 4 p137 Animals; Pets                                    |   |  |
| <b>5</b><br>You are what you eat p60   | Reading Carbon on our plates<br>Vocabulary Insight Food<br>Vocabulary Insight Compound nouns<br>Strategy Making mind maps   | Grammar Countable and uncountable nouns<br>Grammar <i>much, many, a lot of</i><br>Reading Education with a difference<br>🎧 Listening Helping at the local farm   |
| <b>Review 5 p69</b> Vocabulary extra 5 p138 Food; Food quantities                            |   |  |
| <b>6</b><br>Going green p72  | Reading Ethical fashion<br>Strategy Scanning for specific information<br>Vocabulary Insight Clothes and accessories<br>Vocabulary Insight Negative prefixes   | Grammar Comparative adjectives<br>Reading Online or at the shops?<br>🎧 Listening Online shopping   |
| <b>Review 6 p81</b> Vocabulary extra 6 p139 Clothes verbs; Shops                             |   |  |
| <b>7</b><br>That's quite a challenge! p84  | Reading Three of the world's toughest challenges<br>Strategy Guessing the meaning of words<br>Vocabulary Insight Parts of the body<br>Vocabulary Insight Noun suffixes: <i>-er / -or</i>                    | Grammar <i>have to</i> and <i>should</i><br>Reading Behind the scenes: who cleans the UK's favourite tourist attractions?<br>🎧 Listening A school club   |
| <b>Review 7 p93</b> Vocabulary extra 7 p140 Housework; Health problems                       |   |  |
| <b>8</b><br>And the rest is history p96  | Reading Inspirational leaders<br>Vocabulary Insight Life stages<br>Vocabulary Insight Adjective suffixes: <i>-ful</i> and <i>-al</i>  | Grammar Past simple affirmative: regular verbs<br>Grammar Past simple affirmative: irregular verbs<br>Reading When and where was human culture born?<br>🎧 Listening Neanderthals<br>Strategy Listening for gist and for detail |
| <b>Review 8 p105</b> Vocabulary extra 8 p141 Jobs; Past time expressions                     |   |  |
| <b>9</b><br>Changing with the times p108   | Reading How stop-motion animation works<br>Strategy Summarizing<br>Vocabulary Insight Describing people<br>Vocabulary Insight <i>like</i>   | Grammar <i>going to</i> : plans<br>Reading All change!<br>🎧 Listening Everything's going to be different   |
| <b>Review 9 p117</b> Vocabulary extra 9 p142 Materials; On the phone: phrasal verbs          |   |  |
| <b>10</b><br>Wandlust p120   | Reading Disaster tourism<br>Vocabulary Insight Holiday places<br>Vocabulary Insight Prepositions of place: <i>in, on</i> and <i>at</i>  | Grammar Present perfect: affirmative and negative<br>Reading Life is an adventure<br>🎧 Listening A cycling trip  |
| <b>Review 10 p129</b> Vocabulary extra 10 p143 Types of holidays; Holidays: phrasal verbs    |   |  |

Welcome C p8  
Grammar *have got*; Object pronouns; Articles  
🔊 Listening What have you got?

Welcome D p10  
Vocabulary **Insight** Days, months and seasons;  
Numbers; Ordinal numbers and dates  
Reading The world is a village!

### C CULTURE Reading, vocabulary and grammar

Reading School in the afternoon?  
Vocabulary **Insight** School subjects  
Grammar Present simple: questions  
Grammar Question words  
📌 Nadiya's family

### D Listening, vocabulary and speaking

🔊 Listening How do you get to school?  
Strategy Understanding words and phrases with the same meaning  
Vocabulary **Insight** Transport  
Speaking Classroom language

### E Writing

Answering a questionnaire  
Capital letters  
Strategy Checking your writing



### Global skills Studying effectively p22



Video

Reading Music mad!  
Vocabulary **Insight** Musical instruments  
Grammar *can / can't* for ability  
📌 Time travellers

🔊 Listening Superheroes  
Vocabulary **Insight** Languages  
Grammar Adverbs of manner  
Speaking Requests with *can* and *could*

An informal letter  
Linking words: *and, but, or*  
Strategy Writing informal letters

### Cumulative review Units 1–2 p34

Reading Montreal – a tale of two cities  
Grammar Possessive 's  
Grammar Possessive pronouns and *whose*  
📌 The Fairy Tale House

🔊 Listening Where we live  
Strategy Listening for key words  
Vocabulary **Insight** City to country  
Speaking Asking for and giving directions

A tourist guide  
Sequencers  
Strategy Using a model text



### Global skills Working in a team p46



Video

Reading Weather alerts  
Vocabulary **Insight** Describing weather  
Vocabulary **Insight** Adjective suffix -y  
Grammar Present simple or present continuous?  
📌 Measuring the weather

🔊 Listening Redingly Activity Centre  
Strategy Using visual clues  
Vocabulary **Insight** Outdoor activities  
Speaking Asking for, making and responding to suggestions

A description of a photo  
Expressing uncertainty  
Vocabulary **Insight** Describing a photo  
Strategy Using questions to plan your writing

### Cumulative review Units 1–4 p58

Reading A special meal for a special occasion  
Strategy Using a dictionary when you read  
Vocabulary **Insight** On the dinner table  
Grammar *a little / a few*  
📌 Borough Market

🔊 Listening Unusual food  
Vocabulary **Insight** Opinion adjectives  
Speaking Ordering food

A description of a festival  
Linking words: *too, also*  
Strategy Focusing on the writing goal



### Global skills Using technology wisely p70



Video

Reading Black Friday or Buy Nothing Day?  
Strategy Increasing your vocabulary  
Vocabulary **Insight** Shopping  
Grammar Superlative adjectives  
📌 Shopping in London

🔊 Listening Living without technology  
Vocabulary **Insight** Gadgets  
Speaking Buying clothes

A review  
Positive and negative adjectives  
Strategy Using a bilingual dictionary

### Cumulative review Units 1–6 p82

Reading Our Himalayan trek  
Vocabulary **Insight** Opposite adjectives  
Strategy Using new words  
Grammar Past simple of *be* and *can*  
📌 Cleaning beaches

🔊 Listening Health myths and facts  
Vocabulary **Insight** Health  
Speaking Talking about illness

A letter of advice  
Making suggestions and giving advice  
Strategy Brainstorming ideas



### Global skills Speaking confidently in public p94



Video

Reading World literature: famous female novelists  
Vocabulary **Insight** Types of writing  
Grammar Past simple: negative, questions and short answers  
📌 The magic of Roald Dahl

Listening The best moment of your life  
Strategy Identifying and using collocations  
Vocabulary **Insight** Collocations with *take*  
Speaking Talking about your weekend

A narrative  
Narrative adverbs  
Strategy Making your writing interesting

### Cumulative review Units 1–8 p106

Reading Graduation time!  
Vocabulary **Insight** Noun suffixes: *-ion* and *-ment*  
Strategy Revising vocabulary  
Grammar *will*: predictions  
📌 i-Mag'zine for teen

Listening Young Businessperson of the Year  
Vocabulary **Insight** Phrasal verbs  
Speaking Talking on the phone

An informal email  
Informal language for emails  
Strategy Making your writing personal



### Global skills Making a good impression at work p118



Video

Reading Staycation USA!  
Vocabulary **Insight** American English  
Strategy Recognizing varieties of English  
Grammar Present perfect: questions  
📌 The Sky Lodge: an unusual hotel

Listening Beijing by train via Moscow  
Strategy Taking notes  
Vocabulary **Insight** Travel collocations  
Speaking Tourist information

A profile  
Linking words: *so* and *because*  
Strategy Choosing the right tense

### Cumulative review Units 1–10 p130