

Welcome! pp.4–9		Vocabulary	Grammar	Speaking	Listening	Reading	Writing	Global Skills
1	Growing and changing pp. 10–20	▶ Life choices and events	▶ <i>may, might, will</i> : degrees of certainty ▶ Uses of <i>get</i> ▶ Defining relative clauses	▶ Agree and disagree Skill focus: Remember functional language	▶ Understand a talk about career choices Skill focus: Listen for gist	▶ Understand an article about intergenerational friendships Skill focus: Recognize phrases to introduce examples	▶ Write to an older person Skill focus: Plan a letter or message	▶ Learn how to improve social connections
2	Do I have to do it? pp. 22–32	▶ Chores ▶ <i>make</i> and	▶ <i>have to</i> ▶ <i>be allowed to</i> ▶ Obligation and prohibition	▶ Ask for, give and refuse permission Skill focus: Make personal connections	▶ Understand a talk about American laws ▶ Skill focus: Predict	▶ Understand an article about e-scooters and the law Skill focus: Figure out unknown words	▶ Give your opinion in writing Skill focus: Give your opinion	▶ Learn how to be more independent
Review A		My Progress 1 p. 21	My progress 2 p. 33	Extra Practice p. 34		Extra Communication p. 35	Group Chat p. 35	
3	You and me pp. 36–46	▶ The stages of a relationship ▶ Relationship expressions (1) ▶ Relationship expressions (2)	▶ Present perfect with <i>for</i> and <i>since</i> ▶ Reflexive pronouns	▶ Respond to news Skill focus: Understand intonation	▶ Understand a podcast about Prom night in the U.S. Skill focus: Understand synonyms	▶ Understand comments on a photo-sharing app Skill focus: Understand and learn phrasal verbs	▶ Write a comment about your photo Skill focus: Write a comment about your photo	▶ Understand how to be alone
4	Moving pictures pp. 48–58	▶ TV shows and movies ▶ Describing movies	▶ Passive: Simple present and simple past ▶ Past habits	▶ Discuss movies Skill focus: Review your speaking performance	▶ Understand someone talking about Bollywood Skill focus: Predict interview questions	▶ Identify facts about the TV industry Skill focus: Use key words to identify the main idea	▶ Write an advertisement Skill focus: Organizing ideas – deciding what to include	▶ Understand how to analyze movies
Review B		My Progress 3 p. 47	My progress 4 p. 59	Extra Practice p. 60		Extra Communication p. 61	Group Chat p. 61	
5	Healthy living pp. 62–72	▶ Parts of the body ▶ Injuries	▶ <i>have / get something done</i> ▶ <i>should</i> and <i>shouldn't</i>	▶ Talk about visiting the doctor's Skill focus: Make notes for conversations	▶ Understand a talk about Mexica and Maya Culture Skill focus: Recognize simple paraphrasing	▶ Understand a text about de-extinction Skill focus: Recognize language for giving opinions	▶ Present arguments for and against a topic Skill focus: Organize arguments for and against a topic	▶ Understand how to take group action against climate change
6	Go Green pp. 74–84	▶ The environment ▶ Activism	▶ Present perfect progressive ▶ Present perfect simple vs. present perfect progressive	▶ Give opinions and add emphasis Skill focus: Use <i>so</i> and <i>such</i> for emphasis	▶ Understand a podcast about green gifts Skill focus: Pronounce "What would you ...?" correctly	▶ Understand a text about relaxation techniques Skill focus: Recognize the audience and purpose of a text	▶ Write a message offering advice Skill focus: Use adverbs to give your writing emphasis	▶ Understand how to make healthy choices
Review C		My Progress 5 p. 73	My progress 6 p. 85	Extra Practice p. 86		Extra Communication p. 87	Group Chat p. 87	
7	Get creative pp. 88–98	▶ Art ▶ Adjectives of opinion	▶ Modals of deduction: present possibility ▶ Modals of deduction: past ▶ Non-defining relative clauses	▶ Talk about choosing a gift Skill focus: Intonation of tag questions	▶ Listen to a podcast on Montevideo Skill focus: Recognize and produce the schwa /ə/ sound	▶ Understand a listicle about public sculptures Skill focus: Use key words to identify main ideas	▶ Create and describe a new public sculpture Skill focus: Use expressions to show contrast	▶ Understand how to create an accessible social media post
8	New Horizons pp. 100–110	▶ Vacations and travel	▶ Second conditional ▶ <i>wish</i> + simple past ▶ <i>could, was/ were able to, managed to</i>	▶ Make recommendations Skill focus: Continue a conversation by reacting positively	▶ Listen to a talk on Aloha Wanderwell Skill focus: Recognize relationships between numbers, dates, and times	▶ Understand a text about travel destinations Skill focus: Use images and titles to predict content	▶ Write about a vacation destination Skill focus: Check your written work	▶ Understand how to plan a day trip
Review D		My Progress 7 p. 99	My Progress 8 p.111	Extra Practice p. 112		Extra Communication p. 113	Group Chat p. 113	
Culture p. 114–121		Exam Practice pp 118–123		Wordlist pp. 124-126				