

5 Our recipe book



Lesson 1 Vocabulary

1 Find and number. Say other foods you can see.

- | | | | |
|------------------------------------|----------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> mushrooms | <input type="checkbox"/> seafood | <input type="checkbox"/> peppers | <input type="checkbox"/> tomatoes |
| <input type="checkbox"/> onions | <input type="checkbox"/> meat | <input type="checkbox"/> bread | <input type="checkbox"/> pasta |



2 What do you eat? Write the foods from Activity 1.

- never _____
- sometimes _____
- often _____

3 Write sentences. Use your answers from Activity 2.

I sometimes eat ...

Use your Picture dictionary!



1 Look and write. **2** Listen and tick ✓. 033



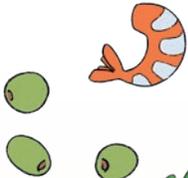
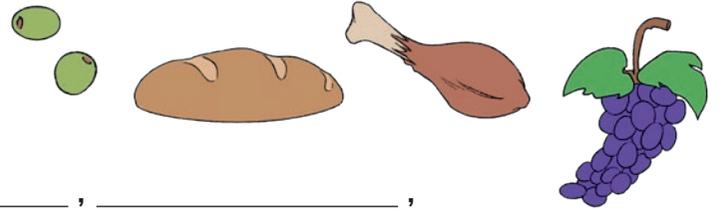
eggs rice sandwiches chicken



3 Complete a new verse. Sing. 034



I often eat _____,
_____, too.



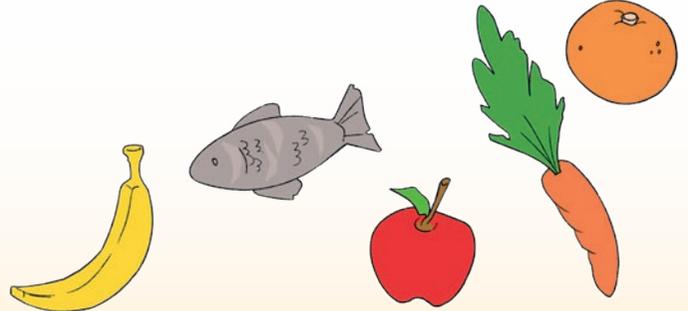
I love them all. It's true!

I _____ eat seafood.

I _____ eat meat.

But I often eat _____.

They're my favourite thing to eat!

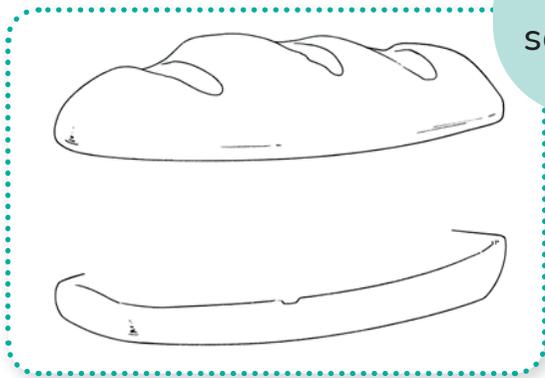


4 Choose and write. Draw and say.

Meat, cheese or egg?

Tomatoes or salad?

White bread or brown bread?

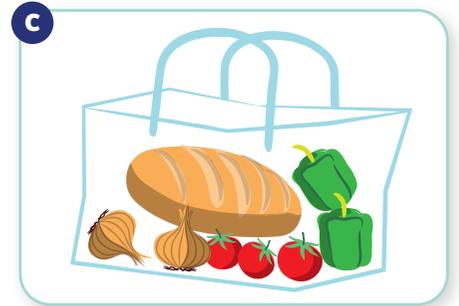
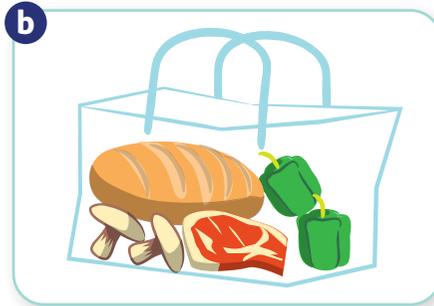
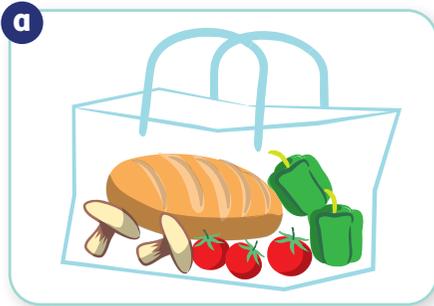


I like cheese and tomato sandwiches with brown bread.



Lesson 3 Grammar

1 Listen and circle the correct picture.  035



2 Complete the questions with *Is* or *Are*. Look and answer.

1 _____ there any orange juice?

2 _____ there any eggs?

3 _____ there any mushrooms?

4 _____ there any bread?



3 Write 3 questions about the picture. Answer your friend's questions.

1 *there any* _____ ?

2 _____

3 _____



1 Look, read and match. Listen and check. 036

- He puts the pizza in the oven.
- He mixes ingredients in a bowl.
- Ren has got an idea.
- He puts mushrooms, cheese and olives on the pizza.



2 Read and complete. **Mediation** What's the story's message?

eat mushrooms hungry cheese garden loves pizza

It's lunchtime. Kobe and Ren are ¹ _____. Kobe wants ² _____ for lunch. He calls Nomido's, but they're busy.

Ren finds chicken and ³ _____ in the fridge. He finds peppers in the ⁴ _____. He makes a pizza with chicken, mushrooms, peppers, olives and ⁵ _____.

Ren and Kobe ⁶ _____ the pizza. Kobe ⁷ _____ it!



I give the story _____ stars.



3 **Review** Read and circle for you. Find your total.

Food Quiz		Never	Sometimes	Usually
1	I help with shopping.	0	1	2
2	I help with cooking.	0	1	2
3	I eat all my food.	0	1	2
4	I put things in the fridge.	0	1	2



Total:

0-2 😞 Try to help.

3-5 👍 Good work.

6-8 🙌 You're a food hero!



Tell your family the story.

Lesson 6 Vocabulary

1 Look and write. **Mediation** Help your friend. **2** Listen and check. 037

butter oil flour sugar lemons raisins

The oil is next to the eggs.



✓ oil, _____

 X butter, _____

✓ _____

 X _____



Can you remember these words?



___ rr ___



m ___

3 Choose a picture and answer. Write 2 more questions and answers.



- 1 Is there any butter? Yes, there is.
- 2 Are there any eggs? _____
- 3 Is there any sugar? _____
- 4 _____
- 5 _____

Use your Picture dictionary!



1 Read and complete. Listen and check. 038

isn't are there there's



My name's Tomek. I'm from Poland. These are my top three desserts.

1 This dessert is a type of cheesecake. You make it with a special Polish cheese. Sometimes ¹ _____ are some raisins in it, or ² _____ some chocolate on it. My favourite kind has got lemons in it.



2 This dessert is a type of apple cake. You make it with apples, flour, sugar, butter and eggs. We make it in the autumn because there ³ _____ lots of apples.



3 My grandma often makes this dessert. First, she makes a dough with flour, butter and eggs. There ⁴ _____ any sugar in the dough. She cooks it in the oven. Next, she makes custard. She puts the custard between the cooked dough and puts it in the fridge. Then I eat it!



2 Choose and complete the sentences about Activity 1.

There's some There isn't any There are some There aren't any

- 1 _____ cheese in the first dessert.
- 2 _____ lemons in Tomek's favourite dessert.
- 3 _____ eggs in the apple cake.
- 4 _____ raisins in the apple cake.
- 5 _____ fruit in the third dessert.
- 6 _____ butter in the dough.

Find out!
Find a recipe for a traditional dessert.

3 Write sentences about your traditional dessert.

sugar raisins butter flour lemons

Circles Extra!

Write a paragraph about your traditional dessert. Use Activity 1 to help you. Draw or find a picture. 

Our favourite meals



1 Read and tick ✓ the correct picture. Do you like Nandi's meal?

This is my favourite meal. It's a **curry**. You can make curry with meat, seafood or vegetables. This is a chicken curry. There are some onions, tomatoes and red and green peppers in it, too. There's some rice and there are some **poppadoms** next to it. Poppadoms are like big crisps, but you make them with flour. I usually have rice and poppadoms with my curry, but sometimes I have hot **naan bread**. We often have curry for dinner on Fridays. I love it!

Nandi



2 **Mediation** Help your friend to understand. Describe the blue words in your language.

3 Read and answer.

- 1 Is there any seafood in Nandi's meal? No, there isn't.
- 2 Is there any chicken? _____
- 3 Are there any vegetables? _____
- 4 Is there a dessert? _____
- 5 What does Nandi eat with her curry? _____

4 Complete the paragraph about the other picture.

apple carrots chicken meal oven Sundays

This is my favourite ¹ _____. I often eat it on ² _____.
It's ³ _____ with vegetables. You cook the chicken and the potatoes
in the ⁴ _____. There are ⁵ _____ and peas, too.
For dessert, there's ⁶ _____ crumble and custard. Yum! **Elliot**

5 Plan your writing. Make notes.

What's your favourite meal?

How do you make it?

My favourite meal

When do you eat it?

What's in it?

Let's write!

We use **for** with meals:
We often have curry **for** dinner.
For dessert, there's cake.



6 Write about your favourite meal. Find or draw a picture.

Lessons 8 & 9

Hands On! Language

1 Listen and number. 039

a



b



c



d



2 Read, complete and say.

Look!

tsp = teaspoon tbsp = tablespoon



Fairy cakes

- 90 g sugar 100 g flour
- 95 g butter 1 tsp vanilla
- 2 eggs 1 tbsp milk

We need: a ¹ tablespoon of milk
 ninety grams of ² _____
 a hundred ³ _____ of flour
 two ⁴ _____
 a ⁵ _____ of vanilla
 ninety-five ⁶ _____ of butter



Show your family your Topic 5 work. Tell them about your favourite meal.