

# Our recipe book

5

## Introduction



### Learning situation

Create a recipe book to share your favourite dishes with your school.



Tell your friend what you like in the video.

- 1 Soundscape** Look, listen and imagine.  098
- 2 See and Think** What can you see? What's happening? Look and say.
- 3 Circles poster** Which food words do you know? Say.

 **Video**



**Learning situation**



# Lessons 1 & 2



Which food do you eat?



- 1 Listen, point and say. 099
- 2 Listen and chant. 100
- 3 Listen to the sounds. Listen and repeat. 101

**Pronunciation** peppers /ɛ/ meat /i:/



4 Listen and repeat. 102 Talk about how often you eat these foods.



I sometimes eat seafood.  
I often eat meat.



I never eat meat.  
I often eat pasta.

▶ Video



Song

5 Listen and follow. Listen and sing. 103

6 Look at the pictures. How often does the singer eat these foods? Say *often*, *sometimes* or *never*.



## The sandwiches song

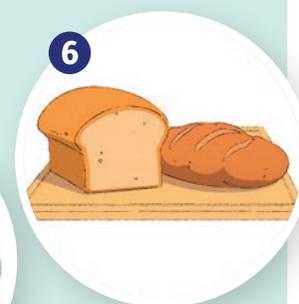
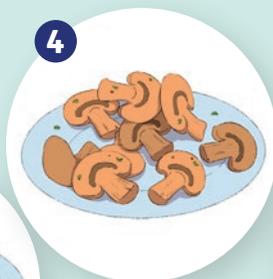
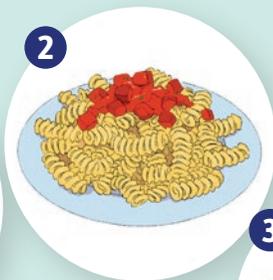


I often eat cheese sandwiches,  
Chicken salad, too.  
Tomatoes, peppers, onions,  
I love them all. It's true!  
I never eat seafood.  
I sometimes eat meat,  
But I often eat sandwiches.  
They're my favourite thing to eat!

**Chorus**  
Sandwiches! Sandwiches!  
Sandwiches are cool!  
I eat sandwiches at home  
And I eat them at my school.  
I eat them in the kitchen  
And I eat them in cafes.  
I love sandwiches so much  
I eat them every day!

On my birthday, I eat pasta.  
At Easter, I eat eggs,  
But my favourite food is sandwiches  
With white or brown bread.  
I never eat mushrooms.  
I sometimes eat rice,  
But I often eat sandwiches  
Because sandwiches are nice!

**Chorus**



Hands On!

1

7 Make an infographic to categorize the food you eat.

Hands On! Log AB p70 >

I eat oranges. Oranges are fruit.



I eat eggs. Eggs come from chickens.

# Lessons 3 & 4



What's in your favourite main dish?

▶ Video



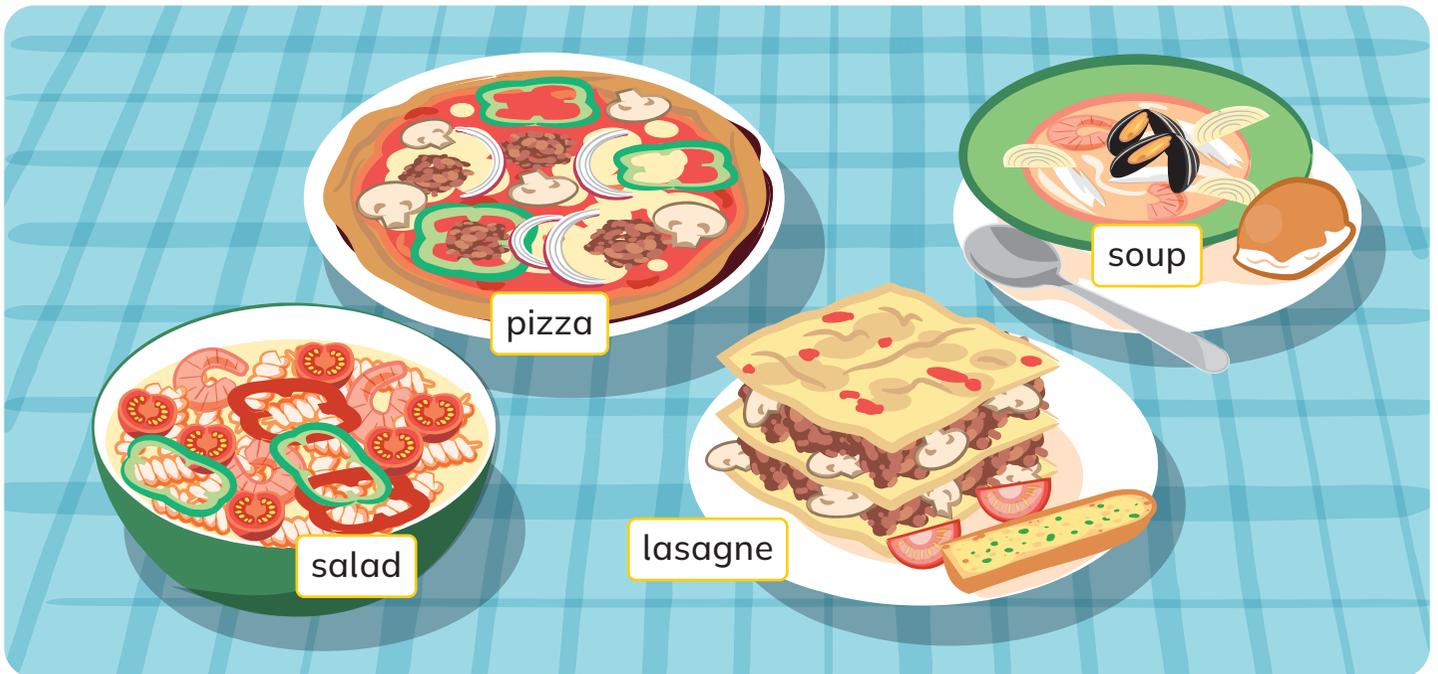
1 Listen and read. 🔊 105

2 Listen and repeat.

🔊 106

Countable nouns	Are there	any	onions?	+	Yes, there are.
			peppers?	-	No, there aren't.
Uncountable nouns	Is there	any	meat?	+	Yes, there is.
			bread?	-	No, there isn't.

3 Look, listen and say the dish. 🔊 107



4 Look at Activity 3. Play the game.



Is there any seafood?

Are there any tomatoes?

It's the soup!



Yes, there is.

No, there aren't.

## 5 Mediation Find out what's in popular main dishes.

Listen, read and do. 108

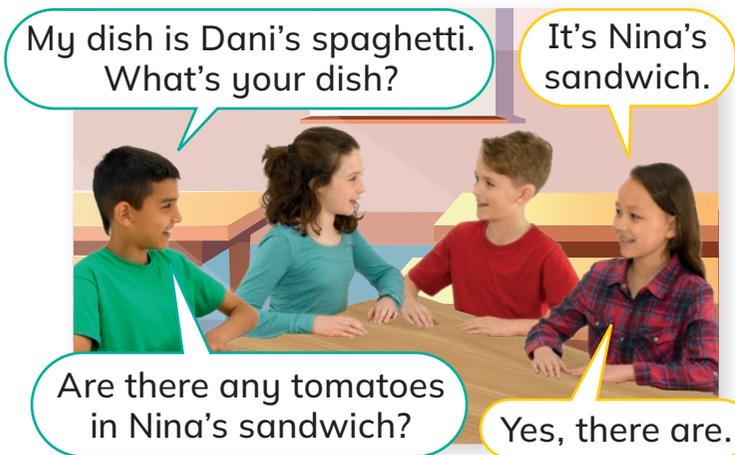
1 Read the ingredients for your dish.



2 Circle the pictures for your dish.



3 Ask and answer with students from different groups.



4 Circle the pictures for the other dishes.



## Hands On! 2

6 Think about your favourite main dish. Make a shopping list for the ingredients.

Hands On! Log AB p70 >



# Lesson 5

1 Listen, read and follow.  109



How can we reduce food waste?



Kobe



Ren

## The perfect pizza

1 It's lunchtime. Kobe and Ren are at home.

I'm very hungry!



I'm hungry, too. Is there any food in the cupboard?

2 The brothers look in the cupboard.

No, there isn't.

There's some oil and some flour.

We can't eat oil and flour! I want pizza.



3 Ren looks in the fridge.

Are there any mushrooms?



Yes, there are. There's some leftover chicken, too.

4 Ren has got an idea.

I can make pizza.

But I'm hungry now. I want Nomido's pizza.



5 Kobe is looking at the Nomido's pizza menu.

Which is my favourite pizza? I like peppers.



There are some peppers in the garden.

6 Now Kobe is calling Nomido's. Ren is cooking.

I love Nomido's pizza! It's perfect.

Mix the oil and flour in a bowl.





## 2 Read and answer.

- 1 Who is hungry?
- 2 Is there any chicken?
- 3 Who wants Nomido's pizza?
- 4 Does Kobe like peppers?
- 5 Are there any olives?
- 6 Who is making pizza?

## 3 What happens next? Guess.



What leftover food have you sometimes got at home?

Our social and emotional skills



## 4 Mediation What does Kobe learn in the story? Tell your friend.



## 5 Write tips for dishes you can make with leftover food.

Hands On! Log AB p71 >

You can make fajitas with leftover meat.



You can make fishcakes with leftover potatoes.

# Lessons 6 & 7

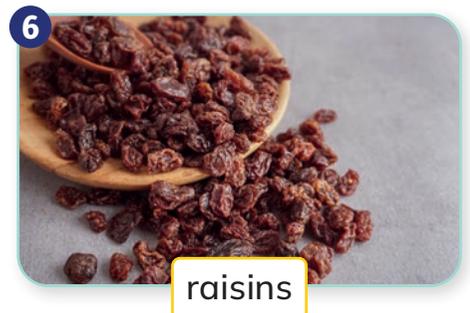


Which ingredients are in desserts?

**▶ Video**

**Culture & vocabulary**

- 1 Listen, point and say. 110
- 2 Listen to the sentences and say the food. 111



3 Listen and repeat. 112 Look, ask and answer.

Is there any sugar?

Yes, there is.

Picture B!



**Hands On!**

4

4 Create a menu for your favourite desserts.

Hands On! Log AB p71 >

Is there any cheese in cheesecake?

Yes, there is.



## Video



Grammar

## 5 Listen and read. Listen and repeat. 113

Countable nouns	+	There are	some	raisins.
	-	There aren't	any	lemons.
Uncountable nouns	+	There's	some	flour.
	-	There isn't	any	butter.

## 6 Practise with your friend. [Grammar cut-out AB pp99-100](#)

## 7 Listen and read. 114 **Mediation** Which dessert do you want to try? Tell your friend.



My name's Jess. I live in England. These are my top three desserts!

1 **Bread and butter pudding** Is there any bread and butter in this traditional pudding? Yes, there is! You can make it with leftover bread and milk. There are some raisins in the pudding, too. It's my favourite!

2 **Pancakes** We eat pancakes on Pancake Day. There's some oil, flour and milk in pancakes. There are some eggs, too. We usually eat them with lemon juice and sugar. Yum!

3 **Apple crumble** We use flour, butter, sugar and apples to make crumble. We often eat it in autumn because there are lots of apples here. My grandad's favourite dessert is a bowl of apple crumble with custard!



bowl



custard

## 8 Read again. Say the dessert or desserts.

- 1 There's some milk in these desserts.
- 2 There's a special day for this dessert.
- 3 There aren't any raisins in these desserts.
- 4 This dessert has got autumn fruit.
- 5 Jess's grandad loves this dessert.



**Compare cultures**

Which fruit grows in your country? Where?

## Our learning situation

Create a recipe book to share your favourite dishes with your school.



Let's watch the video!

### ▶ Video



### Our recipe book

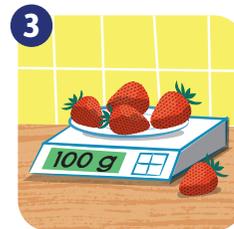
**1** Look back at your log.

Hands On! Log AB pp70–71 >

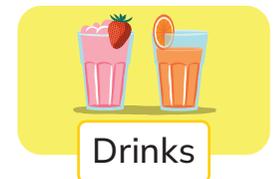
## Hands On! Language

**2** Listen and repeat. 115 Look and say.

We need **a teaspoon of** sugar, **a tablespoon of** oil and **twenty-five grams of** raisins.



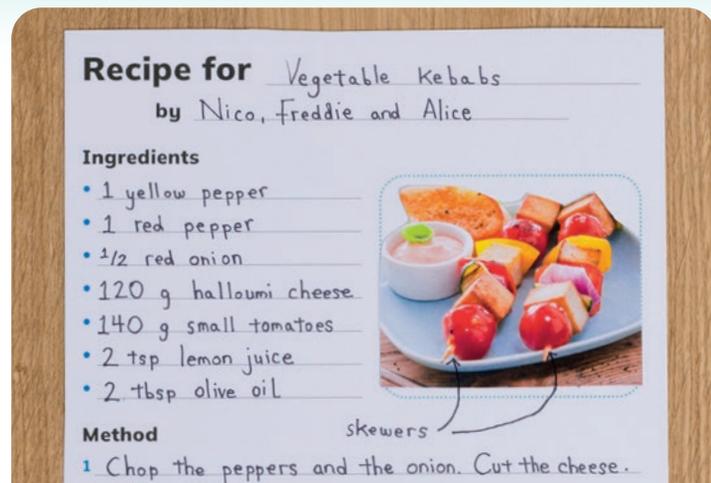
**3** Choose a section of the recipe book and a dish for your group. Think about how to make your dish.



## 4 Create your recipe for your recipe book.

Recipe template AB p89 >

tsp = teaspoon(s)  
tbsp = tablespoon(s)  
g = gram(s)



**Hands On!** 5

This recipe isn't difficult.

## 5 Give your classmates feedback. Evaluate your recipe.

Hands On! Log AB p71 >



It's healthy, too. There are some vegetables and there's some olive oil.

## 6 Make and share your recipe book.



## 7 Think about your work in Topic 5.



Self-evaluation p88 >

## Listen and learn.

🔊 116

- 1 bread
- 2 meat
- 3 mushrooms
- 4 onions
- 5 pasta
- 6 peppers
- 7 seafood
- 8 tomatoes



## Listen and learn. 🔊 117

