

# 5 Our recipe book



## Lesson 1 Vocabulary

### 1 Find and number.

- |                                      |                                  |                                   |
|--------------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> 5 mushrooms | <input type="checkbox"/> meat    | <input type="checkbox"/> tomatoes |
| <input type="checkbox"/> onions      | <input type="checkbox"/> peppers | <input type="checkbox"/> pasta    |
| <input type="checkbox"/> seafood     | <input type="checkbox"/> bread   |                                   |



### 2 What do you eat? Read and complete with foods from Activity 1.

- I never eat \_\_\_\_\_.
- I sometimes eat \_\_\_\_\_.
- I often eat \_\_\_\_\_.

Use your Picture dictionary!



**1** Look and write.      **2** Listen and tick ✓.  033



eggs   rice   sandwiches   chicken

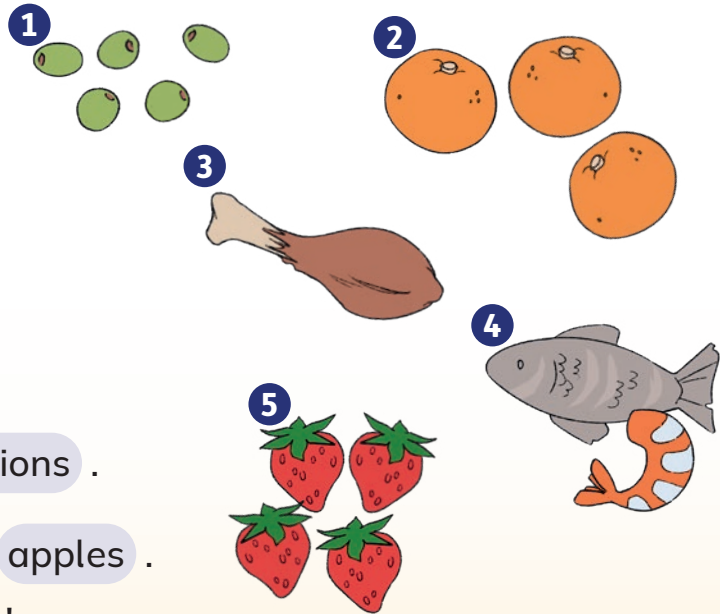


eggs



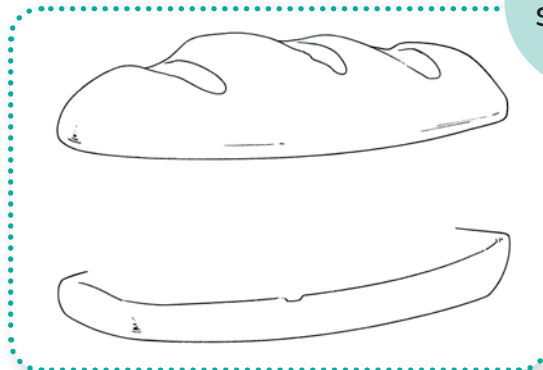
**3** Look and circle to make a new verse. Sing.  034

I often eat <sup>1</sup> rice olives ,  
<sup>2</sup> Oranges Bananas , too.  
 Pasta, meat, bread,  
 I love them all. It's true!  
 I never eat <sup>3</sup> eggs chicken .  
 I sometimes eat <sup>4</sup> seafood onions .  
 But I often eat <sup>5</sup> strawberries apples .  
 They're my favourite thing to eat!



**4** Choose and circle. Draw and say.

- meat   cheese   egg
- tomato   salad
- white bread   brown bread

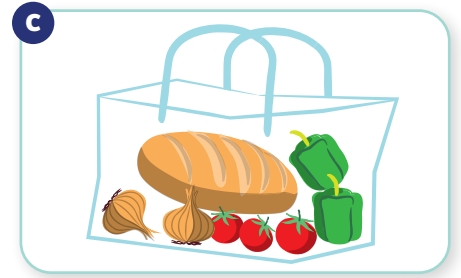
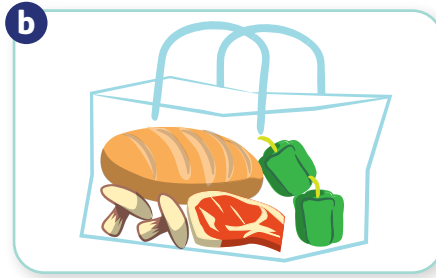
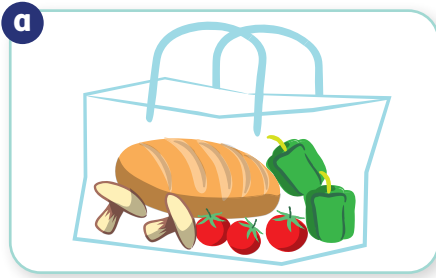


I like cheese and tomato sandwiches with brown bread.



# Lesson 3 Grammar

## 1 Listen and circle the correct picture. 035



## 2 Complete the questions with *Is* or *Are*. Look and number.

- 1 Is there any orange juice?
- 2 \_\_\_\_\_ there any eggs?
- 3 \_\_\_\_\_ there any mushrooms?
- 4 \_\_\_\_\_ there any bread?

Yes, there is.  Yes, there are.   
 No, there isn't.  No, there aren't.



## 3 Look, read and complete the questions.

orange juice meat ~~mushrooms~~ onions

- 1 Are there any mushrooms ?  
Yes, there are.
- 2 Is there any \_\_\_\_\_ ?  
No, there isn't.
- 3 Is there any \_\_\_\_\_ ?  
Yes, there is.
- 4 Are there any \_\_\_\_\_ ?  
No, there aren't.



## 1 Look, read and number. Listen and check. 036




He puts the pizza in the oven.

He mixes ingredients in a bowl.

 1

Ren has got an idea.

He puts mushrooms, cheese and olives on the pizza.

## 2 Read and circle.

**Mediation** What's the story's message?

Kobe and Ren are <sup>1</sup> thirsty hungry. Kobe wants

<sup>2</sup> pizza flour for lunch. He calls Nomido's, but they're busy.

Ren finds chicken and <sup>3</sup> carrots mushrooms in the fridge. He finds

peppers in the <sup>4</sup> garden oven. He makes a pizza with chicken,

mushrooms, peppers, olives and <sup>5</sup> cheese pasta.

Ren and Kobe <sup>6</sup> eat don't eat the pizza. Kobe loves it!



I give the story \_\_\_\_\_ stars.



## 3 Review Read and circle for you. Find your total.

Food Quiz		Never	Sometimes	Usually
1	I help with shopping.	0	1	2
2	I help with cooking.	0	1	2
3	I eat all my food.	0	1	2
4	I put things in the fridge.	0	1	2



**Total:**

0-2 😞 Try to help.

3-5 👍 Good work.

6-8 🙌 You're a food hero!



Tell your family the story.

# Lesson 6 Vocabulary

**1** Look and tick ✓ or cross X. **2** Listen and check. 🎧 037



	Picture 1	Picture 2
butter	X	✓
oil		
flour		
sugar		
lemons		
raisins		

**3** Look, read and circle.

- 1 Is there any butter?  
Yes, there is. No, there isn't.
- 2 Are there any lemons?  
Yes, there are. No, there aren't.
- 3 Is there any flour?  
Yes, there is. No, there isn't.
- 4 Is there any sugar?  
Yes, there is. No, there isn't.
- 5 Are there any raisins?  
Yes, there are. No, there aren't.



## 1 Read and complete. Listen and check. 038

isn't are there there's



My name's Tomek. I'm from Poland. These are my top three desserts.

1 This dessert is a type of cheesecake. You make it with a special Polish cheese. Sometimes <sup>1</sup> there are some raisins in it, or <sup>2</sup> \_\_\_\_\_ some chocolate on it. My favourite kind has got lemons in it.



2 This dessert is a type of apple cake. You make it with apples, flour, sugar, butter and eggs. We make it in the autumn because there <sup>3</sup> \_\_\_\_\_ lots of apples.



3 My grandma often makes this dessert. First, she makes a dough with flour, butter and eggs. There <sup>4</sup> \_\_\_\_\_ any sugar in the dough. She cooks it in the oven. Next, she makes custard. She puts the custard between the cooked dough and puts it in the fridge. Then I eat it!



## 2 Look at Activity 1. Read and write T (true) or F (false).

- 1 There isn't any cheese in the first dessert.
- 2 There are some lemons in Tomek's favourite dessert.
- 3 There aren't any eggs in the apple cake.
- 4 There are some raisins in the apple cake.
- 5 There isn't any fruit in the third dessert.
- 6 There's some butter in the dough.



# Our favourite meals

## 1 Read and tick ✓ the correct picture.

This is my favourite meal. It's a chicken **curry**. There are some onions, tomatoes and peppers in it, too. There's some rice and there are some **poppadoms** next to it. Poppadoms are like big crisps, but you make them with flour. I usually have rice and poppadoms with my curry, but sometimes I have hot **naan bread**. We often have curry for dinner on Fridays. I love it!

**Nandi**



## 2 Read and match.

- |   |   |
|---|---|
| <p>1 Is there any seafood in Nandi's meal?</p> <p>2 Is there any chicken?</p> <p>3 Are there any mushrooms?</p> <p>4 Are there any peppers?</p> | <p>Yes, there is.</p> <p>No, there isn't.</p> <p>Yes, there are.</p> <p>No, there aren't.</p> |
|---|---|

## 3 Read and complete about the other picture.

apple    carrots    chicken    ~~meat~~    oven    Sundays

This is my favourite <sup>1</sup> meal . I often eat it on <sup>2</sup> \_\_\_\_\_ .  
 It's <sup>3</sup> \_\_\_\_\_ with vegetables. You cook the chicken and the potatoes  
 in the <sup>4</sup> \_\_\_\_\_ . There are <sup>5</sup> \_\_\_\_\_ and peas, too.  
 For dessert, there's <sup>6</sup> \_\_\_\_\_ crumble and custard. Yum!      **Elliot**

4 Plan your writing. Make notes.

What's your favourite meal?  
\_\_\_\_\_

How do you make it?  
\_\_\_\_\_  
\_\_\_\_\_

**My favourite meal**

When do you eat it?  
\_\_\_\_\_

What's in it?  
\_\_\_\_\_  
\_\_\_\_\_

Let's write!

We use **for** with meals:  
We often have curry **for** dinner.  
**For** dessert, there's cake.



5 Write about your favourite meal. Find or draw a picture.

Lessons 8 & 9

Hands On! Language

1 Listen and number. 039

a



b



c



1

d



2 Read and complete.

Look!

tsp = teaspoon    tbsp = tablespoon



Fairy cakes

- 90 g sugar      100 g flour
- 95 g butter    1 tsp vanilla
- 2 eggs          1 tbsp milk

We need: a tablespoon of <sup>1</sup> milk  
 ninety grams of <sup>2</sup> \_\_\_\_\_  
 a hundred grams of <sup>3</sup> \_\_\_\_\_  
 two <sup>4</sup> \_\_\_\_\_  
 a teaspoon of <sup>5</sup> \_\_\_\_\_  
 ninety-five grams of <sup>6</sup> \_\_\_\_\_



Show your family your Topic 5 work. Tell them about your favourite meal.